

OCTOBER 2023

Poona Post



POONA FIRST AID CONTACTS...

In an emergency,
first call 000. Then
call for local
assistance.

Teagan Wallace
0409 219 399
Caravan Park

Sandra Steeter
0403 234 031

Rhiannon Kellaway
0429 809 565

**POONA POST
EDITOR:
MICHELE MUIR:
poonaposteditor
@gmail.com**



We welcome Althea Murphy to our team taking up the position of Kitchen Convener. Althea looks forward to working with the wonderful volunteers and together with the PCPA appreciates all the help given to keep our tradition of providing meals on Friday nights and functions for all to enjoy.

At the recent General Meeting people were asked for their feedback in relation to ongoing support and ideas in relation to kitchen meals for Friday nights and functions. There was a great response and discussion.

This input was of great value for the Committee and Althea moving forward.

Also at that recent General meeting the Committee put forward a discussion in relation to the ongoing cleaning of the hall. For the last couple of months this has been done by Committee members volunteering to fill this role. This was unsustainable.

We sincerely thank Cheryl Bayley and Lynne Corser for putting their hands up for this position, very much appreciated.

Since taking on the hall cleaning, they have detail cleaned the interior of the hall and it looks great.

Many hands make light work, so it is greatly appreciated when at the hall we all assist by tidying up after ourselves.

As part of the PCPA charter to support Community groups and charities we would like to promote the Riding for the Disabled Maryborough fundraiser.

RDA are having another of their great Garage Sales. Held October 14th 7am to 12pm, 79 Bidwill Road, Bidwill.

Next General Meeting Saturday October 14th, 2pm

Office of Bruce Saunders MP
Member for Maryborough

[#puttingthemaryboroughelectorate1st](#)

COMET PLACE :

1/133 Lennox Street, MARYBOROUGH QLD 4650

Telephone: (07) 4114 1100 Email: maryborough@parliament.qld.gov.au

I acknowledge the Butchulla people on whose land I live and work, and pay my respects to Elders past, present and emerging.



Girls Night In

BEST DRESSED PRIZE

RAFFLES



MINI TOMBOLA

LAUGHTER



FRIENDSHIP

GAMES

When: Saturday; 14th October 6.30 pm

Where: Mitch's on Boronia, 179 Boronia Drive,
Poona



*Come along & have a great night
& help raise funds for
Women's Cancer Research*



GOOD TIMES



Michele Muir
Poona Post
Editor
Ph: 0400 068 653

**POONA:
JP'S**

JAN PALMER
PH:4129 8431

KEN MAAS
PH:4129 8265

LIZ McHUGH
PH: 0419 743829

**YOUNG AT
HEART**



**TUESDAY
10TH
OCTOBER**

**SEE WHAT'S
HAPPENING
ON PAGE 9**

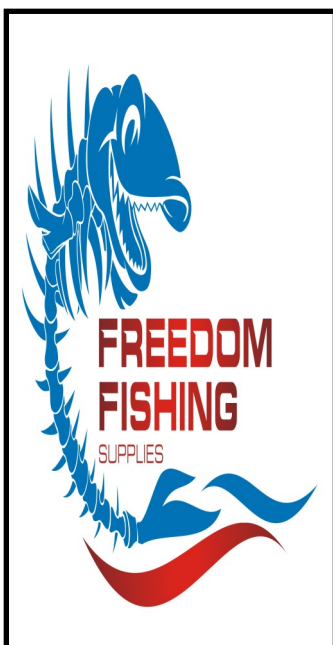
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We hope everyone is enjoying the school holidays – let's check out what's been happening across the Fraser Coast. We'll start out this week's report in the Mary River where the warmer days with only continue to raise the water temps and stir the fish up even more. First thing you should target is fresh bait, cast netting around mangroves and snags is always a risk but is often fruitful. Secondly sounding around for channels and structure and or fish on your sounder is an added bonus. Hot spots for Barramundi and Threadfin this fortnight have been around The Power and Crab Islands or closer up into town around Dundathu Bend or The Pocket. The top end is still fishing well as our mighty Mary is still green and salty. Whilst the river is fishing well for the big fish there's still plenty of table bread and butter fish being targeted and with fisho's bagging out on Bream and Flathead most a really good size and quality.

With the typical spring/summer time winds looming most anglers have been sticking around the protected waters near the main land creeks and estuaries such as The Diamonds, Turkey Straits, Shoulder Point, Maaroom Creek and Boonooroo Point fisho's have been landing a few very nice size flathead, bream both Black and Silver ad some snodger summer whiting up in the shallows.

Threadfin Salmon, Whiting and Flathead have all been reported from Burrum Heads with a few Queenies and Schoolie Mackerel in the mouth of the channel and we're starting to see a few Mangrove Jack hit baits up around the rocks as well. The Burnett & Burrum River has been keeping fisho's happy with an assortment of species including Barramundi, Threadfin Salmon and the odd Mangrove Jack.

Tinadun creek is fishing well for Bass but remember with the new regulations you can no longer fish above the Teddington Weir at all.

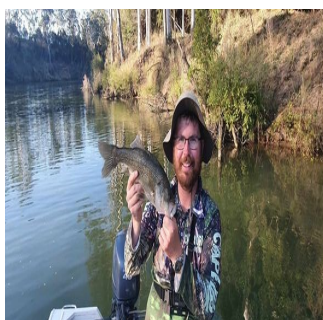
Lets have a look at the brag board.



>>>>> First up is Adam with his pb
flathead which went 67cm,
well done mate.



Daniel also landed this nice <<<<<<<< flathead on the island.



<<<<< Simon had a great trip in the
fresh landing some nice bass.



**Last up is Jorja with a very nice>>>>>
mudcrab, awesome work**

KEEP UP TO DATE WITH WHAT'S HAPPENING IN POONA ON OUR FACEBOOK PAGE — [PoonaCommunityNoticeboard](#)

HAPPENINGS AT THE HALL



**PURE FRESH
HONEY**

FOR SALE

**'VARIOUS
SIZES'**

PHONE:ROB

0418158840

**JUST WANTED
TO SAY.....**

**IT IS FANTASTIC
TO VOLUNTEER &
GIVE OF YOUR
TIME.**

**BUT ALWAYS
REMEMBER WE ALL
DO THIS BY
CHOICE, NOT FOR
ENDLESS PATS ON
THE BACK OR
REGOGNITION.**

**TO GIVE FREELY
WITHOUT
EXPECTATION IS
THE BEST GIVING
WE CAN ALL DO!**

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MELBOURNE CUP LUNCHEON



TUESDAY 7TH NOVEMBER

**CALCUTTA & FASHION PARADE
GETTING UNDERWAY AT: 10AM**

TICKETS ARE: \$20.00

**BAR OPEN WITH LUCKY DOOR PRIZE &
RAFFLES!!!!**

**COMPLIMENTRY CHAMPERS ON ARRIVAL
'SO LADIES & GENTLEMEN FROCK UP
& DON'T FORGET YOUR HAT!!!'**

YOUNG AT HEART EVENTS:

Tuesday 10th October

10 am at the hall - As part of Queensland Mental Health Week (7 -15 October) the Young at Heart group is very pleased to have two guest speakers for our October meeting. Mrs Jo Boon and Dr Mark Boon will present information to give us a greater understand of the causes, symptoms and treatments for a range of mental health conditions. They will also speak about maintaining good mental well being in our everyday lives and the ways that we can achieve that. Please come along to what promises to be a very informative and interesting morning. This will be followed by a great morning tea - \$2 per person. Hope you can make it.

Wednesday 15th November -

Day Trip on The Rattler - meeting at the Gympie station at 9.30 am for 10 am departure. Morning tea served on board. Stopping at Amamoor for coffee and a look around. Return trip to Gympie for lunch either at the station or at a venue of your choice. A booking has been made for our Poona group. This should be a very enjoyable day out!

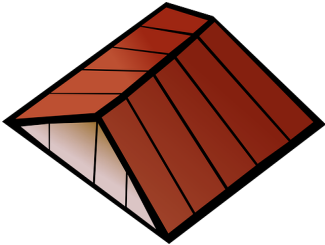
**KEEP UP TO DATE WITH WHAT'S HAPPENING IN POONA ON OUR
FACEBOOK PAGE — PoonaCommunityNoticeboard**

POONA HALL ACTIVITIES!

<u>MONDAY:</u>	6.30 AM (SUMMER)	<u>EXERCISE CLASS</u>
	7.00 AM (WINTER)	(PAM: PHONE: 0407 013 675)
	8.30 AM	<u>TAI CHI</u>
	1.00 PM	(AILEEN: PHONE: 4129 8770)
	3.15 PM	<u>UKULELE GROUP</u> (JENNY C: 4129.8462)
		<u>MODERN DANCE</u>
		(VAL: PHONE: 0437 474 954)
<u>TUESDAY:</u>	7.30 AM (SUMMER)	<u>LADIES ONLY TENNIS</u>
	9.00 AM (WINTER)	(SUE: PHONE: 0415 557 569)
	8.30 AM	<u>YOGA</u>
		(DESLEY: PHONE: 4187 1650)
		OR 0400 082 881)
	10 AM (1ST & 3RD)	<u>ART GROUP</u>
	1.00PM	(PAM: PHONE: 0407 375 267)
		<u>LINE DANCING FOR BEGINEERS</u>
		(GILLIAN: PHONE: 0481 205 497)
	3.00 PM (SUMMER)	<u>COMMUNITY GARDEN GROUP</u>
	2.00 PM (WINTER)	(MIKE & SUE: PHONE: 4129 8983)
	6.00 PM	<u>CARDS NIGHT</u>
		(DI: PHONE: 0428 416 631))
<u>WEDNESDAY:</u>	6.30 AM (SUMMER)	<u>EXERCISE CLASS</u>
	7.00 AM (WINTER)	(PAM : PHONE: 0407 013 675)
	9.00 AM	<u>LINE DANCING</u>
		(GILLIAN: PHONE: 0481 205 497)
	1.00PM	<u>SINGING GROUP</u>
		(VAL: PHONE:
	6.30PM	<u>18+ POOL NIGHT</u>
		(MERV: PHONE: 0407 844 888)
	8.30 AM	<u>YOGA</u>
		(DESLEY: PHONE: 4187 1650
		OR 0400 082 881)
<u>THURSDAY:</u>	1.00 PM	<u>CARD GAMES AFTERNOON:</u>
		(MERV: PHONE: 0407 844 888)
	4.00 PM (SUMMER)	<u>MIXED TENNIS:</u>
	3.00 PM (WINTER)	(SUE: PHONE: 0415 557 569)
<u>FRIDAY:</u>	6.30 AM (SUMMER)	<u>EXERCISE CLASS</u>
	7.00 AM (WINTER)	(PAM: PHONE: 0407 013 675)
	9.00 AM	<u>CRAFT</u> BYO project
	5.00 PM	<u>MEALS & BAR OPEN</u>



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**GIVE DAVE
A CALL
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“Hot Flashes”

The last couple of weeks have seen varying weather conditions from drizzly rain to an early spring (or some might argue, in fact, summer). Everything is drying out quickly & we aren't expecting heavy rains for a few months, which means we are now in Fire Season.

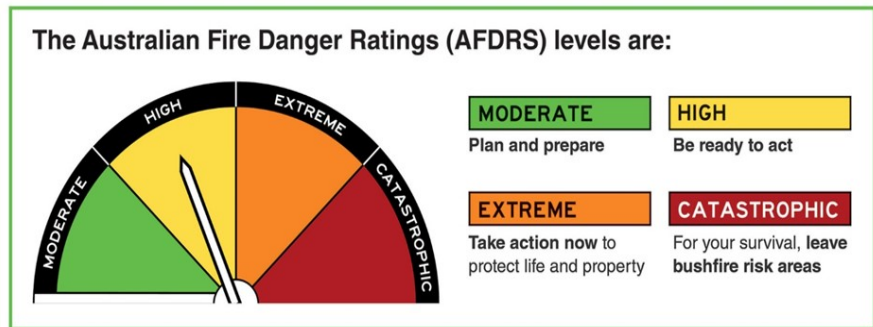
Both Sandy Straits appliances have been very active on local a house fire & on deployment.

We require New Volunteers Urgently. If you would like to help either as a fire fighter or a support member, please call into the fire station.

With that in mind, do you have a current bush fire survival plan? If not QFES have created a user friendly, web based bush survival plan creation tool at:

<https://bushfire-survival-plan.qfes.qld.gov.au/>

Please note the new Australian Wide Fire Danger Ratings Signs & New Levels. They have changed from last year: (see below)



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ALSO:

Events for the Month

Page 9

TUESDAY 10TH OCTOBER:



'YOUNG AT HEART'

Queensland Mental Health Week (7 -15 October)
 GUEST SPEAKERS: Mrs Jo Boon and Dr Mark Boon

will present information to give us a greater understanding of the causes, symptoms and treatments for a range of mental health conditions.

SATURDAY 14TH OCTOBER:



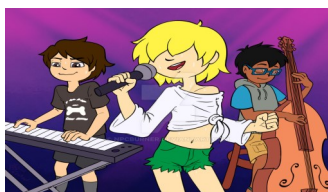
GENERAL MEETING AT THE HALL @ 2PM.

SATURDAY 14TH OCTOBER:



"GIRLS NIGHT IN"
 IN AID OF BREAST CANCER
 & LADIES CANCER.....
 THIS NIGHT IS ALWAYS AN
 ABSOLUTE BLAST WITH FUN
 COMPULSORY.

SUNDAY 15TH OCTOBER:



SUNDAY SESSION @ HALL
 PRECINCT FEATURING:
 STAN LANZ & BILL HENDERSON
 2PM TO 5PM
 BAR OPEN, BYO NIBBLIES!

FRIDAY 27TH OCTOBER:

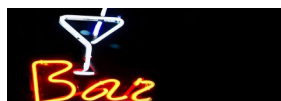


HALLOWEEN NIGHT, FEATURING:
 'STILL ROCKIN' FROM 5PM
 MEALS, BAR, RAFFLES! SCARY!!!

THEN COMES NOVEMBER....SEE PAGE 4
 FOR DETAILS

FRIDAY NIGHTS AT THE HALL:

OPENS AT 5PM



WITH MEALS SERVED FROM 6PM.





New Listing!



Views to the water from the block



LAND



OFFICE AT POONA
116 Boronia Drive
0423 779 943 or 0421189150